Mountain Weather Forecast

Southwest Highlands

Including Ben Nevis, Glen Coe and the rest of Lochaber, Argyll including the Isles, Loch Lomond, Trossachs and Arran

Forecast valid from 00:00 on Monday 07 Mar 2022 until 23:59 on Tuesday 08 Mar 2022

Forecast Issued on Sunday 06 Mar 2022 at 14:55 by Met Office Aberdeen

Confidence: High for Monday and Tuesday. High for a change to more unsettled weather from Wednesday onwards but low for detail.

Headline for Monday 07 Mar 2022: Dry and bright with cold winds

Mountain weather hazards on Monday 07 Mar 2022

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales Low Likelihood	**Severe chill effect** High Likelihood	**Poor visibility** Low Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** No Likelihood

Weather and chance of precipitation at 800m

Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny	Sunny	Clear night	Clear night
Precipitation probability							
00%	00%	00%	00%	00%	00%	00%	00%

Forecast for Monday 07 Mar 2022

Weather: Dry throughout with lengthy clear or sunny periods. Some thin, patchy cloud on southern upslopes across Argyll and the Trossachs.

Chance of cloud-free hill tops above 800m: 90%

Low Cloud and visibility: Generally good, some patchy cloud around 750 metres at first, and perhaps more in the way of low cloud in the south of the area after dark.

Check our weather forecast every day to get the most accurate and up to date information
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Met Office Mountain Weather Forecast

Forecast for Monday 07 Mar 2022

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	22/27 S	25/31 S	24/30 S	23/30 S	24/31 S	25/34 SE	28/37 SE	33/43 SE	35/47 SE
900	16/21 S	20/26 S	17/23 S	15/21 S	17/24 S	19/26 SE	20/28 SE	24/35 SE	25/36 SE
600	15/20 SW	22/27 S	19/25 S	15/19 S	14/20 S	20/28 S	18/27 SE	22/31 SE	24/35 SE
300	11/16 S	11/17 S	10/15 S	9/14 S	10/16 S	11/19 S	9/16 SE	10/17 S	15/27 SE
Glen	6/11 SW	6/14 S	5/12 S	6/15 S	10/18 S	10/19 S	10/20 SE	10/19 SE	10/22 SE

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1300	-3/-11	-4/-13	-5/-13	-4/-12	-3/-12	-3/-12	-4/-13	-5/-15	-6/-16
900	-3/-9	-3/-10	-3/-10	-2/-8	-1/-7	-0/-6	-2/-9	-3/-11	-4/-12
600	1/-4	0/-6	-0/-6	1/-4	3/-2	3/-2	3/-3	1/-6	0/-7
300	2/-2	2/-2	2/-2	3/-1	4/1	5/2	4/0	2/-2	2/-3
Glen	3/0	2/-0	2/-0	4/2	7/4	7/4	5/2	4/0	3/-0
Freezing Level*	400m	400m	400m	400m	500m	500m	500m	400m	400m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Winds strengthening in the afternoon

Forecast for Tuesday 08 Mar 2022

Weather: Dry for most of the day with clear or sunny periods. Thickening cloud will bring rain, with snow above 700 metres, from the west from late afternoon. Drier conditions following from mid-evening.

Maximum wind: Gusty southerly winds reaching 60 to 70 mph at times on higher summits

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Generally very good, some patchy cloud above 750 metres. Low cloud down to 600 metres becoming extensive from late afternoon onwards.

Temperature: **Glens:** Minus 2 rising to 7 Celsius
At 800m: Minus 3 rising to 2 Celsius
Freezing level: 200 metres rising to 800 metres late afternoon and 1000 metres by evening

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